

Special  
points of in-  
terest:

- Check out our website!
- Pool & Gym hours listed here & on our web site.
- Youth Volleyball program needs help!
- M.S. Pool to Re-open on September 13th

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# Recreation News

Volume 9 Issue 9

September 2008

## Fall Softball Clinic      Fall Baseball Clinic

A Softball Fundamentals Clinic will be offered this Fall. The clinic is open to Blue Mt. Resident Students in grades 7 through 12. The clinic will be held at the High School Softball Field (Patton's Field) on Tuesday & Thursday evenings from 5:45 –7:00 p.m.



Instructors for the clinic will be the BMHS coaches. The clinic will stress all fundamentals necessary to play the game.

This program will begin on September 9th and continue until the end of October (weather permitting). Registration forms will be available at the Recreation Office & in the High School and Middle School buildings.

## Aquatic Exercise

The Commission will once again sponsor its popular Aquatic Exercise class this Fall. Classes will be held on Monday & Wednesday evenings from 8:00 - 9:00 pm at the M.S. Pool. Classes will begin on September 22nd and continue for up to 10 weeks.



There is no need to know how to swim to participate. Class is held in the shallow end of the pool. Class size is limited. Registration forms are now available at the Recreation Office.

A baseball clinic for Blue Mt. High School boys currently in grades 9 through 12 will be offered this Fall. The clinic will be held various afternoons/evenings at the High School complex.



The clinic will be conducted by the H.S. coaching staff and will include all aspects of the game. High School boys who are currently participating in a fall sport may not participate.

The program will start on September 2nd and continue through the 2nd week of October. Registration forms are available at the High School & Recreation Offices.

## Youth Swim Team

The Fall session of Swim Team is open to all students in grades K through 12 who can swim at least one full length of the M.S. Pool using a competitive stroke (a "level 3" certificate is preferred). The program will start on September 23rd at will be held on Tuesday & Thursday afternoons according to the following schedule:

M.S. & H.S. Students	3:30—4:45 p.m.
Elementary Students	4:45—6:00 pm.

Registration forms are available in all Blue Mt. School building offices + the Recreation Office. This program will continue until mid-November.



## After School Child Care

Space is still available in our After School Child Care program held at the BME-East building.

This program operates after school until 6:00 p.m. Monday through Friday (excluding holidays). The program includes a variety of activities for the youngsters including: homework help, physical recreation, arts & crafts, free time, and a snack daily. Extended days may be offered on Early Dismissal and "In-Service" or "Act 80" days.

For more information, contact BJ at the Recreation Office.



Space is still available for the School Year program.

### EMPLOYMENT OPPORTUNITIES



## Part Time Job Openings

The Blue Mt. Recreation Commission is now accepting applications for School Year Staff. Available positions include:

**AFTER SCHOOL CHILD CARE INSTRUCTORS:** At least 18 yrs. old & experience working with children. Post-secondary course work preferred. Weekdays; after school until 6:00 p.m.

**LIFEGUARDS:** At least 15 yrs. old & certified in Lifeguarding, C.P.R. & First Aid. Afternoons, Evenings & Weekends available.

**GYM ATTENDANTS:** Responsible persons need to work part time evenings & weekends.

**EXERCISE INSTRUCTOR:** Part time week nights. Certification preferred, but will take experienced person.

**PROGRAM INSTRUCTORS:** Do you have training or skills you can teach to others? Exercise, Dance, Crafts, Computers, Language, etc.

Applications are available at the Recreation Office and the High School Office.

## Upcoming Fall Programs

The Girls & Boys Basketball leagues, Bidy Wrestling, and Indoor Soccer Program are currently in the early planning stages. More information will be available in the October Newsletter. These programs will start later in the season.

# Summer 2009 Bus Trips

The Recreation Commission is currently conducting a survey in regards to its annual trips to New York City each summer to see a Broadway show. The Commission is trying to determine what shows area residents would be interested in seeing during the summer of 2009. Since the commission needs to secure tickets in the fall for next years summer theater season, this information is critical towards attempting to purchase tickets for the desired shows.

Interested individuals may stop by the recreation office during regular business hours and complete a survey form. Deadline for completing the survey is: Tuesday, September 16th.



# Fall Open Gyms

The Fall schedule for Open Gyms will be as follows:

<b><u>Cressona Elementary Gym</u></b> OPENING IN OCTOBER		
Student Open Gym	Weekdays as Scheduled	6:00-8:30 pm
	Saturdays	1:00 - 4:00 pm
<b><u>BME-West Gym in Friedensburg</u></b> OPENING IN OCTOBER		
Student Open Gym	Weekdays as Scheduled	6:00-8:30 pm
	Saturdays	1:00 - 4:00 pm
<b><u>Middle School Gym</u></b> OPENING SEPTEMBER 13		
Adult/HS Open Basketball	Sundays	1:00 -3:00 pm
16+ Coed Volleyball	Sundays	3:00—5:00 p.m.
16+ Coed Volleyball	Tuesdays	6:30 - 8:30 pm
MS/Ele Open Gym	Wednesdays	6:00 - 8:30 pm
MS/HS Open Gym	Thursdays	6:00 -8:30 pm

**Open Gym Ages/Grades**

Elementary Gyms	Student Open Gym	Grades K - 9
Middle School	Student Open Gym	Grades 4 -9
	MS/Ele Open Gym	Grades 4 -8
	MS/HS Open Gym	Grades 6—12
	Adult/HS Programs	Grades 9 & over

**NOTE: Students under 10 must be accompanied by a parent or adult at their open gym times.**

# Fall Swim Lessons “

Fall Swim Lesson registration has been held but there is still room in some classes. Classes are offered on the following days:

- Wednesday Evenings: Infants & Tots & Pre-beginner (3 to 5 yrs ) classes.
- Saturday Mornings: Pre-beginner & Red Cross Levels 1 through 6.

Call the Recreation Office for available classes & times. Saturday classes start on September 13th and Wednesday classes start on September 17th. Fall session will continue for up to eight (8) weeks.

Class lists will be posted on the website and at the Recreation Office on Wednesday, September 10th.

All unpaid fees for wait list and late registrations are due by noon on Friday, September 12th.

# M.S. Pool to Re-open on September 13th !

The Middle School Pool is open to the public on Tuesday & Thursday evenings from 6:00-9:00 p.m. and on Saturday & Sunday afternoons from 1:00-4:00 p.m. Lap lanes are available at all open swim times. Check the monthly schedule for Swim Meet cancellations/delays.



***Pool Parties & Rentals***

The Middle School Pool is available for rental for parties (birthday & other) or groups. Private rentals are available on Friday evenings. Open swim rentals (non-private) are available on Saturday and Sunday afternoons for smaller groups (25 or less). All rentals are reserved on a one group per day basis.



## Blue Mountain Recreation Commission

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Orwigsburg, PA 17961

Phone: 570-366-1190  
Fax: 570-366-4928  
Website: [bmsd.org](http://bmsd.org) **UPDATED:**  
*now with Community Sports info.*

**Office Hours:**  
**Monday –Friday**  
**9:00 a.m.—4:00 p.m.**

**PLEASE NOTE: The Recreation Commission now has some monthly activity schedules on our web site!! Look for the M.S. Pool & H.S. Weight Room calendars (among others) on the site.**

## CANCELLATION INFORMATION

If school is closed for the day or dismisses early due to inclement weather or other unforeseen emergency - All RECREATION PROGRAMS (including practices & games are automatically cancelled for the day/evening. This includes practices/games scheduled for the Memorial building.

After school or on weekends cancellations will be announced two ways -

1.) Recreation Office Voice Mail: Dial 366-1190 & follow the menu directions. The cancellation message will be changed as each cancellation occurs.

NOTE: On Saturdays, do not call before 8 am.

2.) *We will also try to get cancellations on our web-page.*

# 2008 Girls Bidy Volleyball

The Bidy Volleyball program for girls in grades 5 through 8 is being planned again this fall (\*see below). The program will include instruction and game play. The program is tentatively scheduled to start the week of September 22<sup>nd</sup> and continue for up to eight (8) weeks. Participants will need comfortable clothes and sneakers. Knee pads are not mandatory BUT ARE **HIGHLY RECOMMENDED!!**

Registration forms will be available in the elementary & middle school buildings mid September.



## **\*ADULT HELP NEEDED!!**

There was a large increase in the number of girls involved in the 2007 season of the Bidy Volleyball program. The numbers this year are expected to be the same or higher. Some key adults have “moved on”, as their daughters are now in high school. Adult help is needed in providing instruction in volleyball skills to the participants. *Without enough adult help, the program is in jeopardy of not being offered this year.*

# Welcome back, Students!